



Lesson 1

“Why am I here?”

(An Introduction to *Chosen*)



Opening Prayer

“Hail Mary, full of grace, the Lord is with thee.
Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners,
now and at the hour of our death. Amen.”

Autograph Chasers

Ask for an autograph! Find people in the class who can sign their names next to statements that fit them. The person who gets the entire list filled in first (or the person with the most blanks signed when time is up) is the winner.

Has more than three siblings _____ Is at least fifty percent Italian _____

Speaks a foreign language _____ Is currently on a sports team _____

Is gluten free _____ Has ever served at a soup kitchen _____

Plays a musical instrument _____ Has been to a foreign country _____

Has at least two pets _____ Was born in another state _____

Is left-handed _____ Has gone fishing or hunting _____

Loves to play sports _____ Has a relative who is a priest _____

Can do a cool card trick _____ Prefers the mountains to the beach _____

Has a rosary in his or her pocket _____ Is in a school club _____

Knows how to juggle _____ Knows how to snow or water ski _____

Likes country music _____ Is wearing a crucifix or miraculous medal _____

My Five PERSONAL GOALS

(What I Want Out of Life)

1

2

3

4

5

Challenge of the Week

- Take the “What I Want Out of Life” list you wrote in class to the next level.** Take one action to bring you a tiny step closer to one of your dreams. Check out a related book, contact someone in your chosen field with a question, or do an extra workout or study session. Write about it here.
- Pray a Hail Mary** each night before bed this week, for yourself and your fellow students, asking God to help you be open to what he has in store for you in the time of preparation that lies ahead. Put a note on your bedside table to help you remember.
- Did you know that God speaks to us through the kindness of other people?** Think about all those people who help you figure out your life (parents, teachers, coaches, friends, and others), and thank one of them for something specific before our next class. Do it in person or by mail or email. Write about it in the space below.

Closing Prayer

Every time you see a word that looks like this, you can turn to the Glossary on page 234 for a detailed definition.

*“For I know the plans I have for you, says the Lord, plans for welfare and not for **EVIL**, to give you a future and a hope.”*

—Jeremiah 29:11

Heavenly Father, you created every person in this room for a holy purpose. Your **LOVE** for us is real, and your plan for each of us is powerful. You reveal your plans in many ways, including through our talents, our dreams, and the encouragement of those who love us. Help us to find you in silence. Inspire us, Lord, to seek you with all our hearts.