



## **DAY 3: We Can't be Selfish!**

Sometimes we use more than we need because we're being selfish. That means we are only thinking about ourselves. We use too much, keep too much, and waste too much. Caretakers think about and care for others. Pope Francis feels very strongly about not wasting things, especially when it comes to food. There are many people who don't have enough to eat, and when we throw food away, Pope Francis says it's like stealing from the poor. We need to waste less and share more, be CARETAKERS and not CARELESSERS!

### **What Does the Bible Call Us to Do?**

Today, read *The Manna Story*, Exodus ch. 16. What instructions did God give the people? He said to take only what you need, don't store up and save for later, and rest on Sundays! God wanted to teach all the people to trust, even if they worried. He also wanted to teach them to share and take only what they needed. If we aren't selfish, everyone has enough. God gave extra Manna to the people once a week, so they could have a day to just rest. Rest is very important too. Keep that in mind for tomorrow!

### **Creation Care "R"**

Today's word is REFUSE! What does that word mean? It means to say "NO" to something. As creation caretakers, we refuse to take too much or keep too much, so there will be enough for everyone.

### **HOME CHALLENGE: Find Ways to Waste Less Food!**

Work together as a family to put together a plan to waste less food at home. Some ideas are to eat leftovers before buying/making more food, store food well so it lasts longer, don't buy/order more than you need, and don't buy portions larger than you can use. What other ways can you think of to waste less food?