## The Ten Commandments

A long time ago, God made some promises to his people, the Israelites. He gave them the Ten Commandments so that everyone would know what it was that they should do and not do so that they could live a good life, and be part of God's family.

It is very important that we learn the Ten Commandments too, so that we can grow in love of God, and of our neighbors.

## These are the Ten Commandments

## Three that help you love God:

1. I am the Lord, your God. You shall not have strange gods before me.

2. You shall not take the name of the Lord your God in vain.

3. Remember to keep holy the Lord's day.

## Seven help you love other people and yourself:

- 4. Honor your father and your mother.
- 5. You shall not kill.
- 6. You shall not commit adultery.
- 7. You shall not steal.
- 8. You shall not bear false witness against your neighbor.
- 9. You shall not covet your neighbor's wife.
- 10. You shall not covet your neighbor's goods.

Jesus said that the greatest of these commandments is "You will love the Lord, your God, with all your heart, with all your soul, and with all your mind" And then he said that we need to love our neighbors as yourself.

The first three commandments help us to love God, the other seven help us to love ourselves, and then to love others!