

## **Selecting a Confirmation Saint Name**

Each candidate for Confirmation is asked to choose one saint — a woman or man canonized by the Church — to be their Confirmation patron and they will adopt that saint's name as their Confirmation name. The saint you choose should have personal meaning to you, so please take time to do some research to find the saint with whom you connect. There are so many wonderful saints who were witnesses of their faith in God and may be inspiring to you.

Candidates choose a saint in Grade 9 or Year 1 of the Confirmation Program. After choosing your saint, please submit a **one-page typed** response by the January 23, 2022 class. Your response should include the following:

- A description of the life of the saint
- The reasons for why you chose this saint
- The saint's feast day and special cause or patronage
- How you are inspired by this person
- The faith attributes you most admire about this saint

Please do not make this a book report but rather a personal response as to why this saint inspires you.

Many websites give information about Catholic saints. Candidates might want to choose based on what the saint is a patron of (for example of artists, athletes, writers, the poor), based on the saint's feast day, based on some detail of the saint's life, based on the saint's name, or some other reason. The internet is a great tool to research saints. You might consider the following sources:

- <https://catholicsaints.info/>
- <https://www.catholic.org/saints/>
- <http://www.catholic-saints.info>

If you have questions about this assignment, please contact our office. Thank you.