

The Beatitudes are the teachings of Jesus in the Sermon on the Mount (Matthew 5:1-10). Jesus teaches us that if we live according to the Beatitudes, we will live a happy Christian life. The Beatitudes fulfill God's promises made to Abraham and his descendants and describe the rewards that will be ours as loyal followers of Christ.

**Blessed are the poor in spirit,
for theirs is the kingdom of heaven.**

**Blessed are they who mourn,
for they will be comforted.**

**Blessed are the meek,
for they will inherit the land.**

**Blessed are they who hunger and thirst for righteousness,
for they will be satisfied.**

**Blessed are the merciful,
for they will be shown mercy.**

**Blessed are the clean in heart,
for they will see God.**

**Blessed are the peacemakers,
for they will be called children of God.**

**Blessed are they who are persecuted for the sake of righteousness,
for theirs is the kingdom of heaven.**